

LiverDiseases and Transplantation Centre launched by Kauvery Group of Hospitals Three Women donate liver for their loved ones, giving a second lease of life

Highlights:

- 360-degree Liver Care which includes medical treatment, Liver Dialysis (Liver support system) and Transplantation
- Three women from different families donate liver to men aged 56, 48 and 37 respectively

8th April 2021:Kauvery Group of Hospitals launched Centers of Excellence(CoE)- The Kauvery

Liver Diseases and Transplantation Centers- across all units – Chennai, Trichy, Salem, Hosur and Bengaluru.

The "state of the art" liver care units shall have dedicated ICU, operation theatres and treatment areas for recovery. The centers will also provide 360-degree care which would include diagnosis, treatment, transplantation, post-surgery care.

TheCoEs recently performed six living donor liver transplantations.Mr. Harjit Singh, a 56-year-oldpassionate rider, developed liver disease and was undertaking treatment for eightmonths. He urgently needed a liver transplant for survival, and better

Who needs Liver Transplant?

- 1. Liver Cirrhosis
- 2. Liver Failure
- 3. Metabolic Liver Disorders
- 4. Liver Cancer

Advantages of Living Donor Liver Transplant

- 1. The transplanted organ regrows to adequate size and functions
- 2. Reduced waiting time for a cadaveric

quality of life. The patient was put on dialysis for 36 hours before the surgery, as he had fluid retention due to kidney dysfunction. Later he underwent living donor liver transplant with a portion of liver donated by his daughter.

The story of hisrecovery from illness is inspiring and heartwarming. "His31-years aged daughter came forward as a donor. After evaluating her liver as well as general health, we advised, on the best interest of her swift recovery from the donor surgery, to lose some weight before going ahead with the donation for transplant. With sheer determination, she lost around 5kgs in one month, and we went ahead with thetransplantation," explained Dr. K. Elankumaran, Head of Liver Diseases Transplantation & Hepatobiliary Surgery Kauvery Hospital.

In another instance, Elaiyaraja, a 37-year-old farmer from Villupuramwho received liver from his wife, got the transplantation done under the Tamil Nadu CM Scheme.

MrUdhayakumar, 48-year-old man from Perambur, also received liver from his life-partnerthathelped himto achieve a better quality of life.



Dr. Elankumaran said, "MrElaiyaraja (37-year-old) waited for more than a year for a cadaveric liver, but in vain. Finally, his wife came forward to donate her liver and now he is able to lead a better life. Both the donor and patient, in all three cases, have recovered well and resumed their normal lives."

"Liver Transplantation is arebirth; patients recover well, to lead normal and productive lives. However, many desperately needed liver transplantations do not take place due to shortage in organs, and lack of awareness among the public. It is to be understood that live donor liver transplantations are quite safe. The donors are mostly from the family, which gives a higher probability of finding a betterdonor match," he adds.

Liver diseases are one of the leading causes of death globally. Every year, over 20,000people are in needof liver transplants and among them only 2000receiveorgans for transplants.

Speaking about the Liver Diseases and TransplantationCenter, Dr. ManivannanSelvaraj, Founder and Managing Director KauveryGroup of Hospitals, says "This division of healthcare is resource- intensive. High end equipment is required for liver surgery, liver care and diagnosis, and strict protocols need to be in place to avoid infection. A liver transplant requires multidisciplinary approach with a team of well qualified doctors and surgeons. Our transplant Centers, that which meets international standards, are sure to help many patients with liver failure regain their normal life. More awareness about "living donor transplantation" will contribute to meeting the organ demand in India."

The Liver Diseases and Transplant Centers will also have associated services offering strong supportive care such as clinics dedicated to Alcoholic Liver Diseases, Nonalcoholic Fatty Liver Diseases, Viral Hepatitis, Jaundice and Pediatric Liver Diseases.

Highlighting on the infrastructure, Dr.AravindanSelvaraj, Co-Founder & Executive Director, Kauvery Hospital Chennai, says "We have built a dedicated and exclusive center for Liver Diseases and Transplant with an entire floor for Liver Dialysis, Kidney Dialysis, HEPAFilter, Positive Pressure Room and Sterile Corridor. This is "the best in class" treatment, and post-operative care. This means that when a patient is diagnosed having liver failure or any form of liver diseases, they will receive comprehensive care, with all necessary protocols in place to avoid complications or infections which may extend the hospital stay."

Liver Diseases and Transplant Centre Helpline Number:+91 7373653653

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Kauvery Hospitals is 'A new Age Family Hospital' with Multi Specialty Clinical Expertise and a pioneer in the 'HealthCare Provider' industry, making healthcare affordable. Kauvery is one of the few corporate hospital chains to successfully integrate operations into Tier 1 cities after launching into Tier 2 cities. It is also one of the few hospitals founded by Medical experts with a keen focus on delivering personalized and specialized health care with warmth.

Kauvery Hospitals is currently a 1200 bed hospital group with presence in Chennai, Trichy, Hosur, Salem& Bengaluru in addition to planned entry in new markets.

Apart from having diverse Multispecialty tertiary care expertise, Kauvery Hospitals house one of three 'Cardiac Centres of Excellence in South India'. In today's times where the healthcare industry is more and more commoditized, Kauvery Hospitals stands tall with its promise of making medical expertise and technology truly affordable with empathy and care at every stage of a person's healthcare needs.